

# Meningitis. Make sure you're protected.

Meningitis\* kills. Make sure you're vaccinated and know the signs and symptoms. Symptoms can appear in any order. Some may not appear at all. Early symptoms can include:

**fever, headache, vomiting, diarrhoea, muscle pain, stomach cramps, fever with cold hands and feet**



Fever, cold hands and feet



Vomiting



Drowsy, difficult to wake



Confusion and irritability



Severe muscle pain



Pale, blotchy skin  
Spots/rash



Severe headache



Stiff neck



Dislike bright lights



Convulsions/  
seizures

If someone is ill and getting worse, call NHS 111 or your GP straight away. In an emergency dial 999 or go to your nearest A&E.

The **MenACWY** jab is free for all eligible students - if you're unsure if you've already had it, call your GP.

\*Meningitis is used to describe meningitis and meningococcal septicaemia.

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