



Marathon in a Month Challenge

Every mile makes a difference

FAQs

Meningitis
now

What is Marathon Month?

Marathon Month is our virtual walking event that challenges you to walk a marathon - that's 26.2 miles - in one month. You can complete your distance in as many or few days as you wish, as long as you complete the challenge within a calendar month.

Where is it?

It's your walk, your way. Whether you walk in the park, along the beach or down the road from your house, all we ask is that you walk 26.2 miles in one month. If you're stuck for inspiration, you can download our favourite walks in your local area.

When is Marathon Month?

You can sign up whenever you're ready to take on the challenge - it's totally flexible to you.

How can I get started?

Sign up by registering your details online and telling us what month you'll be doing the challenge in. Once you've signed up, you'll have access to all of our free fundraising support downloads, and we'll send you sponsor forms, a fundraising guide and lots of tips and hints on how to record your miles.

What's the sign-up fee?

Signing up is free! We encourage everyone to raise as much as they can to help us to save lives and rebuild futures. Plus, everyone who raises £50 or more will be sent their very own Marathon Month water bottle and certificate.

How can you help me with my fundraising?

Once you've registered, we'll send you loads of hints and tips to help you out. Our friendly Fundraising team are always on hand to help you too - give us a call on 01453 768000 or email us at communityfundraisers@meningitisnow.org.

We also have a secret Facebook page, where you can post your photos, updates and comments.

How do I pay my sponsorship?

- **Online or over the phone**
Go to www.meningitisnow.org or phone us on 01453 768000 and use your credit or debit card. Alternatively, we can send you a unique paying-in slip that can be used at your local NatWest, RBS or Ulster bank branch.
- **By post**
Send a cheque made payable to 'Meningitis Now', along with your name, contact details and a reference to Marathon Month, to:
Meningitis Now, Fern House, Bath Road, Stroud, Gloucestershire GL5 3TJ

How does my money help?

With no central Government funding, we are reliant on people like you helping us to raise the money we need to support people facing meningitis every year.

£50 could pay for one hour of art, music or play therapy for a sibling of someone affected by meningitis. Creative therapy can enable a child to understand and cope with the impact that the disease has had on their lives. **£200** could help pay for a day of research into the next generation of lifesaving vaccines.

£500 could pay for 10 week course of bereavement counselling

I have another question. How do I get in touch?

Drop our team an email at communityfundraisers@meningitisnow.org, or give us a call on 01453 768000. We're looking forward to hearing from you!